

# **Internal Medicine Research Residency Program**

**A cooperative venture of  
Van Andel Institute Graduate School  
and  
Grand Rapids Medical Education and Research Center**

## **Typical Plan of Study**

- Year 1: July -June:  
Clinical rotations as directed by the residency program director  
Occasional participation in VARI events
- Year 2: July –April  
Clinical rotations as directed by the residency program director  
Occasional participation in VARI events
- May -June:  
Research rotations: one month each in two different VARI laboratories.  
Apply for licensure.
- Year 3: July:  
Third laboratory rotation. Select thesis advisor / laboratory.
- August – July:  
Commence VAIGS core curriculum.  
Commence thesis research project.  
One half-day per week in ambulatory care clinic  
One month for clinical rotation.
- Years 4-6: July to June:  
Continued thesis research; complete and defend dissertation.  
VAIGS special topics courses and professional development workshops  
One half-day per week in ambulatory care clinic  
One month each year for clinical rotation.
- Year 7: July - ?? Three scenarios, depending on status and goals:  
1. Complete and defend dissertation.  
2. Additional clinical rotations to complete 36-month training.  
3. Begin fellowship training period.